

Material adapted from Heart of the Father

Did God give you freedom through Unbound prayer? A testimony declares what God has done in your life. Your "Unbound Testimony" focuses on how God set you free through the message of the five keys.

Why take the time to write out your story?

- 1) Gratitude opens the door for more blessing, especially when you share it openly.
- 2) Writing your testimony strengthens you, providing a reminder of the great work the Lord has done when you encounter difficult times in the future.
- 3) Your written testimony ministers to others. You encourage them on the path towards freedom.
- 4) You will be prepared to speak when you are asked to share at a conference or a training or to give a promo announcement at church. When people ask you about Unbound, you are prepared.

When telling your story, you want to point others to Jesus, opening their eyes to the possibility of His intervention in their own messy lives. Use the following guidelines to help you write a powerful testimony.

1. Keep it personal.

Your testimony isn't the forum to talk about your husband, your church, your kids—except within the context of how their experiences and issues affected you.

God frees individuals. God's saves the human race one person at a time. Do you remember the adage: "If you were the only person on earth, Jesus Christ would still have come to die on the cross for your sins"? Situate your testimony within the framework of God's personal love for you. For the duration of the story, you are the one person Jesus came for.

Start by introducing yourself: Include pertinent general demographic information, but also the "inner deepies" about your identity and destiny. This sets the stage for you to juxtapose God's plan for your life against Satan's plan for your life, the overarching theme of your narrative.

2. Get set, go!

Can you share what Unbound IS in thirty words or less? Try it!

Then write one transition sentence that bridges from your introduction and your explanation of Unbound to the day you received freedom, or when/how the process of getting free began for you.

The practical details of how and where and when you came for Unbound prayer are not the details that will speak to the hearts of your hearers, so go lightly if you touch on these at all. The important point is that God offered you an opportunity to receive freedom ... and you responded.

3. Clearly show the change in your life.

Our Deliverer brings us out of Something Bad and into Something Good. This change of location should be clearly visible in your testimony. The best way to do this is to tell a mini-story. Humans are narrative-driven; this is how we make sense of life.

The opening scene shows the Something Bad you lived before. What's happening in this film clip? What's the theme song? Where is the scene set? What's the lighting like? Which characters do we meet?

The closing scene shows us the Something Good you're living now. What's happening in this clip? Where is the scene set? What's the lighting like? Which characters do we meet? What's the credits song?

4. Stay specific and concrete: SHOW don't TELL.

In between your opening and closing scenes, you tell your listeners about the light the Holy Spirit gave you to understand how the enemy was at work in your life and when & where he gained access. Then you name some of the things you renounced and what you received in their place from the heart of your Father.

Keep it real!

If the Lord set you free, what from? And what for?

If you used to believe lies, what were they? What truths have replaced them?

If you realized your true identity and destiny, can you explain it?

What happened for you either at the moment of command or later on that made it clear you were set free?

In what specific ways has the Father shown He loves you since receiving Unbound prayer?

5. Admit that you're still progressing.

Although you might want to tie up the package and make everything sound "all good," in reality, none of us has reached heaven yet. God continues to deliver and heal us. So, how have you been challenged in living out your freedom? What steps have you taken to defend it? What has worked; what hasn't?

6. End by giving honor and glory to God.

Rather than thanking those people who prayed with you, express your gratitude to Jesus Christ, who came to set captives free. This awakens faith in those who do not necessarily have access to your particular prayer leaders.

7. Be ready to share anytime, anywhere!

Put together 2-minute, 5-minute, 10-minute, and 20-minute versions of your Unbound testimony.

If you are willing to pass your story on through our ministry, please send a copy to **GetUnbound.LiveFree@gmail.com**.

For a fun challenge, try writing your testimony as a "six-word story." Discover this movement at

<http://sixwordmemoirs.com/about/about-six/>

Similarly, the following TED TALK explores how to condense 1000 "Ideas Worth Spreading" into sound bytes. Surely, freedom in Christ is THE Idea Worth Spreading!

https://www.ted.com/talks/sebastian_wernicke_1000_tedtalks_6_words?language=en

Six-Word (Unbound) Memoirs

My parents' oops; my God's choice.
Pressing STOP doesn't rewind the past.
I grew taller; my parents shrunk.
It's true: forgiving is remembering differently.

Now heaven is *my* home too.
I finally learned from my mistakes.
Grateful to have outlived my stupidity.
Wrestling match with conscience. Got pinned.
Everything through the grace of God.
Set free. For what? For whom?
Wounded warrior back at the front.